

**Teacher, Hour & Color Day (Ex: Steinmetz, 2 Blue):** \_\_\_\_\_

[illegible]



### **Activity Examples**

- Playing Catch
- Jumping Rope
- Riding a Bike
- Skateboarding
- Playing Basketball
- Dribbling a Ball
- Dancing
- Swimming
- Walking the Dog
- Playing Hopscotch
- Running
- Skating
- Kicking a Ball
- Playing Soccer
- Flying a Kite
- Doing Cartwheels
- Riding your Scooter
- Jumping on the Trampoline
- Cleaning your Room
- Doing the Dishes
- Gymnastics
- Playing on the Playground
- Completing an Obstacle Course
- Gardening
- Mowing the Lawn
- Walking the Dog
- Yoga
- Weightlifting
- Vacuuming the House

### **Sick-Safe Activity Examples**

- Read a book
- Draw/color
- Journal
- Complete a puzzle
- Build with legos
- Crafting
- Complete a crossword/word search/Sudoku
- Play a card game (Solitaire)